October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Note: YOGA every Tuesday before training				1 Training 6pm Stadium	2	3 4pm vs CESA (SC) Charlotte, NC Ramblewood #5
4 11am vs Columbia (SC) Charlottte, NC Ramblewood #4	5	6 YOGA 5:45 Training Stadium	7 Training 4:30pm HT	8 Training 6pm Stadium	9	10
11	12	13 YOGA 5:45 Training Stadium	14 Training 4:30pm HT	15 Training 6pm Stadium Team Payment due to Susan	16	2pm vs CSA (Charlotte) Charlotte, NC Ramblewood #2
18 9am vs Bridge FC (SC) Charlotte, NC Ramblewood #2	19	20 YOGA 5:45 Training Stadium	21 Training 4:30pm HT	22 Training 6pm Stadium	23	24 NCYSA State Cup Weekend 1 Asheville
25 NCYSA State Cup Weekend 1 Asheville	26 Sidney's Birthday	YOGA 5:45 Training Stadium	28 Training 4:30pm HT	29 Training 6pm Stadium	30	31 NCYSA State Cup Weekend 2 Fayetteville

November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 NCYSA State Cup Weekend 2 Fayetteville	2	3 TRAINING	4 TRAINING	5 TRAINING	6	7 NCYSA State Cup Final Four Wilson	
8 NCYSA State Cup Final Four Wilson	9	10 TRAINING	11 TRAINING	12 TRAINING Courtney's Birthday	13	14	
15 Team Payment due to Susan	16	17 TRAINING	18 TRAINING	19 TRAINING	20 CASL College Showcase	21 CASL College Showcase	
22 CASL College Showcase	23	24 Caitlin D.'s B'day	25	26	27	28	
29	30						

December 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
					Final Four Showcase Houston, Tx (First ECNL Event)	Final Four Showcase Houston, Tx (First ECNL Event)
6	7	8	9	10	11	12
Final Four Showcase Houston, Tx (First ECNL Event)						
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	DISNEY Showcase (Second ECNL Event) Arrive by 6pm	DISNEY Showcase (Second ECNL Event)		

January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 DISNEY Showcase (Second ECNL Event)	2 DISNEY Showcase (Second ECNL Event)
3 DISNEY Showcase (Second ECNL Event) Finals	4 OFF	5 OFF	6 OFF	7 OFF	8 OFF	9 OFF Jaylor's Birthday
10 OFF	11 OFF	12 OFF	13 OFF	14 OFF	15 OFF	16 OFF
17 OFF	18 OFF	19 TRAINING Resumes	20	21	22	23
24	25	26	27	28	29	30 **Elite's Brethday CASL Winter Friendlies
31 CASL Winter Friendlies						

February 2	0	1	0
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1 Coldary 2010								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1	2	3	4	5	6		
7	8	9	10	11	12	President's Day Weekend Williamsburg, VA Friendlies		
14 President's Day Weekend Williamsburg, VA Friendlies	President's Day Weekend Williamsburg, VA Friendlies	16	17	18	19 Meghan's Birthday	20		
21	22	23	24	25	26	27		
28								

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March 2010								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1	2	3	4	5	6		
7	8	9	10	11	12	13		
14	15	16	17	18 Haley's Birthday	19 Jefferson Cup Richmond, VA	20 Jefferson Cup Richmond, VA		
Jefferson Cup Richmond, VA	22	23	24	25	26	27		
28	29 Alex's Birthday	30	31					

April 201	LO
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April 2010								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				1	2	3		
						Twin City Showcase Winston-Salem		
4	5	6	7	8	9	10		
Twin City Showcase Winston-Salem								
11	12	13	14	15	16	17		
			Lauren's Birthday					
18	19	20	21	22	23	24		
25	26	27	28	29 Caitlin A's Birthday	30			

May 2	01	LO
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Widy 2010									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
						1			
2	3	4	5	6	7	8			
)	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
	Caroline L's Birthday					PDA Showcase, No			
				Clay's Birthday		Third ECNL Event			
30	31								
PDA Showcase, NJ	PDA Showcase, NJ								
Third ECNL Event	Third ECNL Event								

June 2010 NOTE: USYS Regionals / TBA —Baton Rouge, LA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			
	28 Monica's Birthday					

July 2010

			July 2010			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8 Elite Club National Championship Event Crossfire, WA (outside of Seattle)	9 Elite Club National Championship Event Crossfire, WA	Elite Club Nationa Championship Event Crossfire, WA
11 Elite Club National Championship Event Crossfire, WA	12	13	14	15	16	17
18	19	20	21	22	23	24

25	26	27	28	29	30	31
	Pre-Season Training Begins					